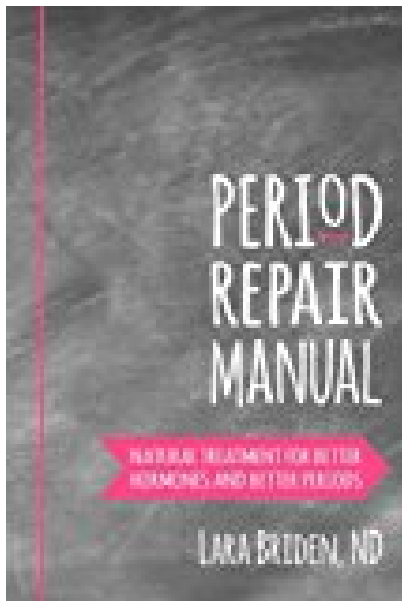


Period Repair Manual Natural Treatment for Better Hormones and Better Periods



BOOK DETAILS

- Author : Lara Briden ND
- Pages : 312 Pages
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BOOK SYNOPSIS

Guide to healthier periods using natural treatments such as diet, nutritional supplements, herbal medicine, and bioidentical hormones. It is a practical, user-friendly manual suitable for women of every age...The second half of the book is a comprehensive treatment guide including General Maintenance, and treatment protocols for specific period problems such as PCOS, PMS, heavy periods, endometriosis, and more.

PERIOD REPAIR MANUAL NATURAL TREATMENT FOR BETTER

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